

We give training in ART TECHNIQUES COUNSELLING

(Also referred to as Art Healing; Visual Therapy or Creative Therapy)

The training is an ONLINE course consisting of short modules or courses divided into different lessons, advised to be done over four years. You could however choose to only do part of it and you could complete the short courses over a shorter or longer time. (We would gladly give you more info regarding this if you contact our offices.)

(Our course is aligned with a university in the USA's course; Pre-Art Therapy. As the field of Art Therapy only starts on Masters-level; in SA this is equal to a course in Counselling using Art as modality for healing.)

Composition of Online-course

- It consist of several short courses.
- The first bundle of courses consist of 6 short courses and we advice that you do it over a year.
- You can enroll for one at a time or for up to three at a time
- We advise that you complete 3 short courses over 6 months but you can work faster or slower as is possible for you
- The course is 50% theoretical and 50% practical.
- You will receive a certificate after completing the first 6 short courses, however after each short course you will receive an acknowledgement letter.

- The second bundle of 6 short courses will soon be made available and we advise that you do it over a year and after you completed the first 6 short courses as the courses are designed as building blocks. However if you don't want to do a specific short course on a specific subject, you can choose to leave it out.
- There are in total **24** short courses in Art techniques Counselling that we offer.
- Once you've registered for the first short course, you will be assigned a mentor that will also act as your supervisor for the practical work.
- Note that these courses include theory, experiential work, practical work, research and supervision.
- Contact sessions (optional) will be available in South Africa but video sessions will also be available online.

When can I register?

You can register at any time but will be allocated by us to one of four groups depending on when you register for a specific short course. Most students either start in the beginning of the year registering before the end of February or/and the middle of the year registering before the end of July. You will receive a student number as soon as you have registered for the first short course.

Go to <https://coursecraft.net/users/WPh> and register for each short course separately or fill in the registration form on this site or email us to help you through the process at info@arthealingacademy.co.za

Content of course

For more detail on the content of each short course contact us or go to <https://coursecraft.net/users/WPh>

The content to follow is the content similar to the US course that we are aligned with and serves as an indication of everything covered by our short courses.

SYLLABUS

To successfully meet the requirements, students will:

- develop values that integrate the identity of a visual artist and that of a helping field.
- integrate the concepts of art techniques counselling within a context of the helping field, through engagement in experiential learning.
- be able to critically analyse social science research to enhance their development within the field.
- demonstrate an understanding of normal human development.
- display a capacity to utilize multicultural perspectives in their approach to understanding Art techniques Counselling practice.

I. Modules (Short courses) recommended to do over One Year:

Introduction to counselling
Principles of Art techniques Counselling
Assessment
Practical (Art techniques Counselling 1)

II. Modules (Short courses) recommended to do over Year 2:

Theories in Art techniques Counselling
Theories of person development
Lifespan development
Practical (Art techniques Counselling 2)
Basic 3D art

III. Modules (Short courses) recommended to do over Year 3:

Theory and practice of group work
Art techniques Counselling with specific groups
Basic art techniques (Drawing/painting/Sculpting)
Research and evaluation
Thesis/Dissertation

IV. Modules (Short courses) recommended to do over Year 4:

Cross-cultural work
Advanced: Studio art
Community project theory
Community project

Our students regularly work in less fortunate communities at no cost to these communities or organizations in the communities as part of their practical work.

DESCRIPTION:

A. Practical:

Practical (Art techniques counselling 1)

Practical (Art techniques counselling 2)

Practical group work

B. Thesis/Dissertation:

Research and evaluation

Thesis: (20 000 word dissertation based on research)

C. Studio Art Foundation Courses: Advanced:

The foundation courses are designed to give students a broad experience in 2D and 3D work. Students are required to take a course in drawing, painting clay work and/or 3D.

CHOOSE 3:

Drawing

Painting

3-D Art

Clay work

D. Community project:

Community project theory

Community project: (Choose between dance; drama; wall murals; animals; photography; writing or self-awareness)

Training

Last Updated Monday, 27 August 2018 14:12
